

## 2017 Workshop Schedule - subject to change until workshop happens

### Thursday, July 13

#### 1 - 5 pm

Beginner Build: Assembling Composting Toilets

### Friday, July 14

#### 10am - 12noon

Foraging and Fermentation: The Ancient Diet - Zack Kouns

Edible Wild Mushrooms - Tim Hensley

Empowered Childbirth - Tatum Green

Quiet Movement, Stalking and Awareness - Joseph Butterbaugh

Rabbit Butchering - Sabrina Squires

Yoga for Anatomical Empowerment : Deepening - Leah Van Winkle

Appalachian Paranormal Stories - Diane Satterfield

Simple Rocket Stoves - Joan Candalino

Insomnia- Don't let it keep you up! - Karena Harmon

Making Beautiful Sun-Printed Fabric Non-toxic and Inexpensively - Megan Suttman

Bird Language, The Conversation of the Wilds! - Luke Learningdeer

#### 1 - 3pm

Intro to Fermentation - John Capps

Introduction to Natural Dyeing - Colleen Casey

Botany of Herbalism: Roots, Shoots, Fruits, Leaves - Liane Ventura

Rabbit Hide Tanning, starting - Sabrina Squires

Police Militarization and its Relevance to Appalachia - Peter Kraska

Growing Your Own Shiitake Mushrooms - Bill Gordon

#### 1 - 5pm - 4 hour long workshops

Uncommon fruits agroforestry tour - John Wright

Spring Tapping and Backcountry Water Systems - Patrick Ironwood

Introduction to Wilderness First Aid - Chris Smith

### Saturday, July 15

#### 10am - 12noon

Cuddle Party! - Sarah Belzile

De-escalation - Corr

Rewilding Adventure for Kids and Teens - Xyara Asplen

Gaia Gardening for Life - Connie May

Home Distillation & Safe Usage of Essential Oils - Andrew Ozinkas

Women's Stories in Ballads - Saro Lynch-Thomason

Woodlore, Weeds, and Useful Wild Plants Walk - Doug Elliott

Mushroom Foraging Basics - Emily Hemeyer

I hate people, the proper use of Razor wire & welcome to Cumberland Falls- Pam Gibson

Rabbit Hide Tanning, finishing up - Sabrina Squires

Storytelling - Hannah Sue Cooper

Basic Canoeing - Bill Gordon

### Saturday, July 15

#### 1 - 3pm

Youth Honey Bee Chat - Kellie and Aaron Burns

Raising Anti-Racist Kids - SURJ

Finding the connection - Michelle Blair

Mushroom Preservation & Uses - Emily Hemeyer

Mason Bees: A Garden's Best Friend" - Bill Gordon

Natural Probiotic Sodas - Colleen Casey

Hot Sauce Making - Tim Green

Wondrous Plants & Fungi - Luke Learningdeer

#### 1 - 5pm - 4 hour long workshops

Women's Empowerment Self Defense - Katie Gardner

Working out the Kinks: Neck & Shoulders - Bill Parravano

Intro to Hide Tanning: Buckskin - Micah Wiles

Thai Massage - Eric Blevins

Mycomedicinals: An Introduction to Working With Fungi for Human & Ecosystem - Robyn Mello

**3:30pm: Decolonization and Cultural Appropriation Discussion - CKY SURJ**

### Sunday, July 16

#### 10am - 12noon

Herbal medicine essentials - Andrew Bentley

Canning - Christian Torp

"What Left THAT in My Backyard?" - Bill Gordon

Creative Modalities for Civic Engagement - Emily Hemeyer

Volunteer and Trail Crew Recruitment - Pamela Gibson

Woodlore, Weeds, and Useful Wild Plants Walk - Doug Elliott

Wilderness Survival - Matt Hansen

Organic Beekeeping - Kellie and Aaron Burns

Rewilding Zone A - Rio (Jim) Fiore (salerno) with Leah Van Winkle

Sticktag & Poorkids' Sticktag - Corr

Our Astounding TREES - Luke Learningdeer

#### 1 - 3pm

Natural Cordage - Austin Hollis

Recycling Yarn from Sweaters etc. Into Unique Things- Agnes Gazder

Basics of Permaculture Design - Deidrehannah Nicely

Renegade Radically Sustainable Off-Grid Solar Homes- Jay Hamilton

A Survival Guide to Homeschooling - Peter Kraska

Ginseng and Woodland Medicinal Walk - Terry Black

#### 1 - 5pm - 4 hour long workshops

Where You At? Getting grounded w/Gazateers, Geology- Ben Ibershoff

Field Trip to the Highlands Nature Preserve - Bill Gordon

Working out the Kinks: Hips and Lower Back - Bill Parravano

Designing Urban Ecosystems: Social & Enviro Permaculture for Resiliency- Robyn Mello

### Ongoing throughout festival

Whippoorwill Interpretive Center - Emily Hemeyer